

# The Shaftesbury Park Herald

A local school with a global perspective  $\diamond$  Une école de quartier ouverte sur le monde <u>https://www.shaftesburypark.wandsworth.sch.uk</u>



Shaftesbury Park Primary-School ©shaftesburypk

# Autumn 1 Issue, 2023

Welcome to the Autumn 1 edition of 'The Shaftesbury Park Herald', our end of half-term newsletter, bringing you news of all the exciting things that have taken place at Shaftesbury Park Primary School over the course of the preceding halfterm. Read on for plenty of information on our Rights Respecting and Healthy Schools agendas, information about school-wide events and achievements and dates for the diary for the following half-term.



We would like begin this edition of the Shaftesbury Park Herald by saying a **huge thank you** to everyone who donated cakes or came along to our **Macmillan Coffee Morning** on Thursday 28<sup>th</sup> September.

### Thanks to you, we raised a brilliant £185.77 for this marvellous cause.

To put this in context, this is enough money to run Macmillan's Online Community Forum for around 8 hours, typically helping 528 people affected by cancer, providing them with both emotional and practical support.

However, that is not all you have done this half-term ...

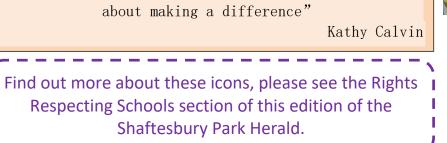
We would also like to thank everyone who generously donated items to our **Harvest Collection**.

As you can see, your donations amounted to a substantial collection of everyday essentials for the Wandsworth Food Bank and these donations will make a real difference to their clientele.

For further information on the Wandsworth Foodbank, please see their website:

<u>https://www.trusselltrust.org/get-help/find-a-</u> <u>foodbank/wandsworth/</u>



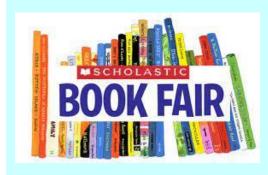


"Giving is not just about making a donation. It's



The fantastic collection above was not all we did to mark Harvest, however...

This half-term we had some terrific discussions in school about what harvest is and how our celebrations compare to those of other cultures around the world. We rounded of the topic with our very own **Harvest Festival**, with performances taking in place both in school and at Ascension Church featuring songs, dances and poems. Well done for your brilliant performances everyone!



## <u>Scholastic Book Fair</u>

Thank you to everyone who attended our Scholastic Book Fair. It was such a pleasure being able to help so many people find their next great read. With every purchase helping to raise money for the school, we look forward to finding out exactly how much we have raised towards books for the school.

#### Here comes the rain again...

With the arrival of more autumnal weather last week and more rain to come over the next few days, we would like to take this opportunity to remind parents that all children should bring a coat to school which, in keeping with the school's uniform policy, should be either navy blue or black.



#### We would also like to stress the importance of labelling your child's clothes with his or her name to enable us to return lost clothing and bags to their rightful owners. Thank you!

On 12<sup>th</sup> October, we held our rescheduled **Film Night and Parent Forum**.

This was well attended by both children, who enjoyed a film and popcorn, and their parents/carers, who had the opportunity to meet the teachers, learn more about our curriculum and connect with other parents.



At Shaftesbury Park, we understand that it takes a village to raise a child and really value parental (and pupil) input on all we do. Therefore, in anticipation of the Chair of Governors circulating notes on what was discussed on the night and responses to any questions, we would like to take this opportunity to thank all those parents who were able to come and share their thoughts with us.

### "There is immense power when a group of people with similar interests gets together to work toward the same goals."

## - Idowu Koyenikan, author

Shaftesbury Park is proud to be a Healthy School. Our caterers, Harrison Catering Services, work with nutritionists and follow all relevant guidelines to ensure that our menus are not only delicious but healthy and nutritionally balanced too. Shhhh, don't tell the children but even our cakes are healthy, being made with fruit and vegetables and no added sugar!



For more information on school meals, please contact Debra Stocker at the School Office.

On the subject of healthy eating, here's a brief message from our Healthy Schools Lead, Ms Savizon:

With Autumn half-term next week, why not make some time to cook with your child or children? Teaching children how to cook from a young age is essential in promoting a lifetime of healthy eating habits. Not only do children learn to make healthy food choices, cooking also helps children to build confidence, learn new skills and perfect old ones (e.g. literacy skills when reading a recipe, maths skills when scaling measurements up or down to feed more or less people). It's also lots of FUN!

If you're not sure where to start why not visit the Better Health Healthier Families website for some tasty, easy recipes:

## https://www.nhs.uk/healthier-families/recipes/

To get you started, here is a quick tasty recipe from the site:

## Quick chicken couscous recipe

Couscous is so quick and simple to prepare, and it goes well with lots of different flavours too.



Prep: 5 mins Cook: 15 mins Serves 4

## Ingredients

- 200g couscous
- 450ml reduced-salt chicken or vegetable stock
- 250g skinless, boneless roast chicken breasts, chopped
- 100g sweetcorn
- 2 tomatoes, chopped
- quarter of a cucumber, chopped
- 1 tablespoon lemon juice
- 1 pinch ground black pepper

### Method

1. Put the couscous into a large mixing bowl and cover with the hot stock. Leave for 10 to 15 minutes to swell and cool, then stir with to fluff up the grains.

2. Add the chicken, sweetcorn, tomatoes, cucumber, lemon juice and black pepper. Stir well to mix and then divide between 4 bowls.

You can make a fruity version of this meal by replacing the sweetcorn, tomatoes and cucumber with chopped apple, seedless grapes, and raisins or chopped ready-to-eat dried apricots. We are pleased to announce that our easyfundraising total now stands at a huge



# easy fundraising £1,425.90

Remember over 4,000 shops and sites will donate to Shaftesbury Park Primary School for FREE

every time you use **easyfundraising** to shop with them. This means you can support the school when you get your groceries, buy clothes, order a takeaway, renew your insurance policies or buy anything else online at no extra cost to yourself!

## It's So Easy and Completely FREE.

Sign up through the link below and not only will you be raising money but once you've signed up and raised  $\pm 5$  in donations, **easyfundraising** will give us an extra  $\pm 5$ ! There's no catch or hidden charges and we are really grateful for anything you raise!

https://www.easyfundraising.org.uk/causes/shaftesburyparkprimary/?invite=AVHZ8B&re ferral-campaign=c2s

## Thinking about Christmas already? Think about easyfundraising!

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Promoting British Values at Shaftesbury Park - A Democratic Start to the Year

A man called William S. Boroughs once wrote,

"The aim of education is the knowledge, not of facts, but of values."

Here at Shaftesbury Park, we actively promote fundamental British values through our broad and balanced curriculum which teaches elements of democracy, civic responsibility, rules and laws, the monarchy, equality, values and virtues, environmental awareness and understanding of other faiths through the IPC, PSHCE and RE lessons.

This important work begins at the very start of every academic year with the **election of a new School Council** on what is the International Day of Democracy (15<sup>th</sup> September).

Shaftesbury Park is proud to have a dynamic School Council made up of 10 children from Years 2 to 6, democratically elected by their peers to represent them on a whole range of issues including how to improve the school playground, fundraising campaigns and many other issues important to the children. Within our School Council, there is also a strong emphasis on stewardship of the environment.

The School Council regularly meets not only with each other but also with various subject leaders, our Headteacher, Mrs Bunmi Richards, and the current Chair of Governors, Mr James Cousins, ensuring that pupils have a strong voice in the running of the school.

Being on the School Council helps children to develop skills that will ensure they are prepared for secondary school and beyond, skills such as conflict resolution, diplomacy and tact, as well as confidence in public speaking and arguing a point, even if it is not their own. It is also a big responsibility, with our School Councillors constantly engaged in projects to improve the school for all.

We look forward to hearing from our new School Councillors over the course of the coming year and also hearing more about the school's promotion of British Values.

Article 12 - (respect for the views of the child) Every child has the right to express their views, feelings and wishes in all matters affecting them, and to have their views considered and taken seriously. This right applies at all times, for example during immigration proceedings, housing decisions or the child's day-to-day home life.





Article 12 is just one of the many Articles that makes up the <mark>UN Convention on the Rights of the Child</mark> (UNCRC), an international human rights treaty that recognises the rights of all children under 18 around the world and stipulates how these rights should be met.



As a Rights Respecting School, we actively support and promote the rights enshrined in the UNCRC in all that we do.

Children's Rights are displayed in all our classrooms and referred to throughout the day. The children even make their own class charters incorporating these rights, thinking about how they can be applied within school.

Outside of the classroom, being a Rights Respecting School encourages the children not only to think about the world around them in order to become truly 'global citizens' but to develop the skills and competences that will enable them to change their world and make it better (the Vision of Shaftesbury Park).

It is our Rights Respecting ethos and school Vision that have led us to ensuring that all children develop and understanding of the following 17 interlinked Global Goals (officially known as the Sustainable Development Goals or SDGs):



Set down by World Leaders in 2015, the 17 SDGs are intended as a "blueprint to achieve a better and more <u>sustainable</u> future for all" by the year 2030, engaging governments, businesses, civil society and the general public to work together in addressing topics as wide-ranging as poverty, gender equality, education, water and sanitation, justice and climate change.

We look forward to sharing with you our work on these SDGs over the coming months.





The UNCRC Articles and Sustainable Development Goals for September and October:

Article 27	(adequate standard of living) Every child has the right to a standard of living that is good enough to meet their physical and social needs and support their development. Governments must help families who cannot afford to provide this.	1 Poverty
Article 19	(protection from violence, abuse & neglect) Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.	2 ZERO HUNGER

Do you know someone looking for a Nursery or Reception Class place? Why not tell them about our upcoming Open Mornings?!



## Dates for the Diary

What	Who
Children Return to School	-
	Prospective parents.
9.30am to 11.00am	Please contact the
	School Office to book.
Class discussion on Diwali	-
Anti-Bullying Week	-
This year's theme: 'Make a Noise about Bullying'	
Nursery 2024 Open Morning 1	Prospective parents.
9.30am to 11.00am	Please contact the
	School Office to book.
Maths Open Morning	Parents welcome
- Look out for an email about this coming soon!	
Children in Need Day	-
	Prospective parents.
9.30am to 11.00am	Please contact the
	School Office to book.
	Social event for
	Children in
<ul> <li>Information to follow after the half-term break</li> </ul>	Hedgehogs, Badgers,
	Owls & Foxes Classes.
	Prospective parents.
9.30am to 11.00am	Please contact the
	School Office to book.
Autumn term Parents' Evening 1	Please book an
	appointment with your
	child's class teacher.
	-
Santa and the Elves Christmas Workshop	
Festive Festival 2023	Fun for children and
Tombola Tuesday in the playground after school	parents/carers
Autumn term Parents' Evening 2	Please book an
	appointment with your
	child's class teacher.
Festive Festival 2023	EVERYBODY
Carols at Shaftesbury Park	WELCOME!
Class discussion on Hanukkah	-
EYFS Nativity for parents	
- in school at 9.45am	
KS2 Christmas Performance	
- at Ascension Church at 2.00pm	
KS1 Christmas Performance	
- in school at 9.45am	
FS Nativity for parents	
- in school at 9.45am	
Children's Christmas Lunch - Date TBC	
Finish at 2pm	
	Children Return to School Reception 2024 Open Morning 3 9,30am to 11.00am Class discussion on Diwali Anti-Bullying Week <i>This year's theme: 'Make a Noise about Bullying'</i> Nursery 2024 Open Morning 1 9.30am to 11.00am Maths Open Morning - <i>Look out for an email about this coming soon!</i> Children in Need Day Nursery 2024 Open Morning 2 9.30am to 11.00am KS1 Disco 6.30 to 8.00pm - Information to follow after the half-term break Nursery 2024 Open Morning 3 9.30am to 11.00am Autumn term Parents' Evening 1 Festive Festival 2023 Santa and the Elves Christmas Workshop Festive Festival 2023 Tombola Tuesday in the playground after school Autumn term Parents' Evening 2 Festive Festival 2023 Carols at Shaftesbury Park Class discussion on Hanukkah EYFS Nativity for parents - in school at 9.45am KS1 Christmas Performance - at Ascension Church at 2.00pm KS1 Christmas Performance - in school at 9.45am

Christmas holiday : Friday 22 December - Monday 8 January