



# The Shaftesbury Park Herald

A local school with a global perspective ◊ Une école de quartier ouverte sur le monde

<https://www.shaftesburypark.wandsworth.sch.uk>



Shaftesbury Park  
Primary-School  
@shaftesburypk

## Summer 2 Issue, 2023

Welcome to Summer 2 issue of the Shaftesbury Park Herald, bringing you all the latest news from across the school.

# SPORTS DAY 2023

On Tuesday 11<sup>th</sup> July, we were excited to hold our annual Sports Day and what a fantastic day it was!

Children from Reception to Year 6 had a brilliant time in Battersea Park, showing off their amazing skills across a number of different sporting disciplines including the hurdles, the sprint, the shotput, the javelin, the skip and the egg and spoon race whilst children in our Giraffe and Zebra Nursery classes enjoyed their own fun event in the school playground.

We were so impressed by the effort put in by even the youngest competitors and the wonderful support the children showed for their team mates.

Many thanks to all the parents who were able to join us - it really was lovely to have you all there.



### Cycle Training

This half-term, children in Year 5 and 6 had the opportunity to participate some fantastic cycling proficiency training laid on by Wandsworth Borough Council.

Cycle proficiency training helps children to become more confident and competent on their bikes, more alert to potential risks and hazards, and enables them to really enjoy cycling whilst remaining safe on the road.

We hope you all learnt some valuable lessons - safe cycling everyone!

## Healthy Schools Award Ceremony

This half-term, Shaftesbury Park was thrilled not only to receive the Healthy Schools Bronze Award but also to be invited to a swanky awards ceremony to boot!

This award is the culmination of a great deal of hard work by our Healthy Schools Lead, Elaine Savizon (pictured below), and recognises our excellent Healthy Schools curriculum and the hard work of all staff here at Shaftesbury Park in supporting pupil health and wellbeing.



*Awesome Fact: Our application for this award was so comprehensive and of such a high standard that we have been told that it will be used as a model for other schools going forward!*



As part of the awards ceremony, Ms Savizon, Reem and Anna were treated to a performance from Loudmouth Theatre of an extract from their programme called 'Under the Radar' about county lines and knife crime.

They also got the chance to try out some food laid on by **Harrisons Catering Services**, who will be taking over as school caterers from September 2023. Their verdicts on the food?

*'Absolutely delicious', 'really fresh' and 'lots of variety'*

A huge well done to everyone who helped achieve this award. Onwards and upwards for the SILVER award!

## School Meals News

September 2023 marks the start of a new chapter for Shaftesbury Park with free school meals for all children from Reception to Year 6.

If you have not already done so, it is essential that you return a Meal Arrangement Form to let us know if you would like your child to have a free school meal rather than a packed lunch (should you wish your child to bring a packed lunches from home they may of course do so).

From September, we're also super excited to be partnering with a new school meals provider, Harrisons Catering Services.

As a company that shares our ethos on healthy eating and prides itself on providing quality, sustainably sourced, seasonal fresh food prepared on-site, we look forward to working with them.

Check out the new menu here:

What's on the menu?					HARRISON food with thought
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPENING WEEK w/c 4 <sup>th</sup> September	Indian-Style Vegetable Biryani with Chickpea Dhal Italian-Style Tomato & Herb Pasta (wholewheat/white mix) <b>Wheat</b> with Cheese <b>Milk</b> & Garlic & Herb Bread <b>Wheat, Egg, Milk, Soybeans</b> Oven Roasted Courgettes / Peas Berry Swirl Sponge <b>Wheat, Egg, Milk</b> with Custard <b>Milk</b>	Jacket Potato with Baked Beans & Cheese <b>Milk</b> Piri Piri Chicken with Spiced Vegetable Rice (wholegrain/white mix) & Piri Piri Lemon & Herb Dressing Sweetcorn / Crunchy Coleslaw <b>Egg, Milk, Mustard</b> Orange Shortbread <b>Wheat</b> with Fruit Wedges	Sweet Potato, Courgette & Pepper Frittata <b>Egg, Milk</b> Beef Bolognese with Pasta (wholewheat / white mix) <b>Wheat</b> or Rice & a Seasonal Chef's Salad Green Beans / Carrots Baked Chocolate Sponge <b>Wheat, Egg, Milk</b> with Chocolate Sauce <b>Milk</b>	Pesto Style Pasta <b>Wheat</b> with a Mediterranean-Style Salad Chicken Sausages or Vegetarian Sausages <b>Wheat</b> with Mashed Potato Broccoli / Savoy Cabbage Oatmeal Cookie <b>Wheat, Egg</b> with Orange Wedges	Cheese, Tomato & Sweetcorn Pizza (wholemeal base) <b>Wheat, Milk</b> Battered Fish <b>Wheat, Fish</b> & Chips Peas / Baked Beans Seasonal Fruit & Yoghurt Bar <b>Wheat, Milk</b>
WEEK ONE	Baked Onion Bhajis with Red Bean Dhal & Lemon Rice Classic Baked Macaroni Cheese <b>Wheat, Milk</b> Carrots / Green Beans Marbled Sponge <b>Wheat, Egg, Milk</b> with Chocolate Sauce <b>Milk</b>	Carrot & Chickpea Falafel served with Pita <b>Wheat</b> Tomato Relish & Sweetcorn Rice (wholegrain/white mix) Jerk-Style Chicken Stew with Sweetcorn Rice (wholegrain/white mix) Broccoli / Herbed Roasted Vegetables Wholemeal Lemon Shortbread <b>Wheat</b> with Fresh Fruit Wedges	Sweet Potato Stir with Pilau Rice Indian-Style Chicken Tikka Masala <b>Wheat, Milk</b> with Pilau Rice Spiced Roast Cauliflower / Peas Carrot & Orange Cake <b>Wheat, Egg</b> with Custard <b>Milk</b>	Wholemeal Cheddar Cheese & Spinach Quiche <b>Wheat, Egg, Milk</b> with Herbed Potatoes Beef Bolognese with Pasta (wholewheat /white mix) <b>Wheat</b> or Rice & Tomato & Herb Bread <b>Wheat, Egg, Milk, Soybeans</b> Vegetable Medley Ice Cream <b>Milk</b> with Fresh Fruit Wedges	Jacket Potato with Baked Beans & Cheese <b>Milk</b> Mexican-Style Salmon Burrito <b>Wheat, Fish</b> with Tomato & Coriander Salsa Broccoli / Roasted Butternut Squash Apple & Berry Oat Bar <b>Wheat</b> with Custard <b>Milk</b>
WEEK TWO	Oriental-Style Stir Fried Vegetables with Rice Italian-Style Tomato & Herb Pasta (wholewheat/white mix) <b>Wheat</b> served with Cheese <b>Milk</b> & Garlic & Herb Bread <b>Wheat, Egg, Milk, Soybeans</b> Herb Roast Butternut / Broccoli Parsnip & Apple Sponge <b>Wheat, Egg</b> with Custard <b>Milk</b>	Roasted Red Pepper & Herb Jambalaya <b>Celery, Mustard</b> BBQ-Style Chicken <b>Wheat</b> with New Potatoes & Fruity Coleslaw <b>Egg, Milk, Mustard</b> Peas / Carrots Oatmeal Cookie <b>Wheat, Egg</b> with Orange Wedges	Jacket Potato with Cheddar Cheese <b>Milk</b> & Baked Beans Mexican-Style Soft Chili Beef or Chili Bean Soft Taco <b>Wheat</b> with Toppings (Cheese <b>Milk, Salsa</b> ) with Mexican Style Rice (wholegrain/white mix) Green Beans / Sweetcorn Chocolate Sponge <b>Wheat, Egg, Milk</b> with Chocolate Sauce <b>Milk</b>	Pesto Style Pasta <b>Wheat</b> Chicken Sausages or Vegetarian Sausages <b>Wheat</b> with Mashed Potato Carrots / Savoy Cabbage Strawberry Jelly with Fresh Fruit Wedges	Sweet Potato, Spinach & Bean Empanada (Gram Flour Pastry) & Chips with Chef's Salad Battered Fish <b>Wheat, Fish</b> & Chips Peas / Baked Beans Orange Sponge <b>Wheat, Egg, Milk</b> with Custard <b>Milk</b>
WEEK THREE	Indian-Style Vegetable Biryani with Chickpea Dhal Margherita Pizza <b>Wheat, Milk</b> or Sweetcorn & Mixed Pepper Pizza (wholemeal base) <b>Wheat, Milk</b> with Potato Salad Broccoli / Herb Roasted Tomatoes Apple Flapjack <b>Wheat</b>	Tomato & Basil Pasta (wholewheat /white mix) <b>Wheat</b> with Rainbow Ribbon Salad Cottage Pie with Caramelised Onion & Thyme Gravy Savoy Cabbage / Carrots Red Velvet Sponge <b>Wheat, Egg, Milk</b> with Chocolate Sauce <b>Milk</b>	Jacket Potato with Cheese & Coleslaw <b>Milk, Egg, Mustard</b> Piri Piri Chicken with Sweetcorn Rice (wholegrain/white mix) & Piri Piri Lemon & Herb Dressing Green Beans / Crunchy Coleslaw <b>Egg, Milk, Mustard</b> Orange Jelly with Fresh Fruit Wedges	Caribbean-Style Vegetable Curry with Rice Beef Penne Pasta <b>Wheat</b> served with Cheese <b>Milk</b> & Garlic & Herb Bread <b>Wheat, Egg, Milk, Soybeans</b> Peas / Herb Roasted Butternut Berry Swirl Sponge <b>Wheat, Egg, Milk</b> with Custard <b>Milk</b>	Comish-Style Vegetable Pasty (Gram Flour Pastry) & New Potatoes with a Winter Salad Battered Fish <b>Wheat, Fish</b> & Chips Broccoli / Baked Beans Lemon Shortbread <b>Wheat</b> with Fruit Wedges

**Available daily**  
Please ask the catering manager for food allergen information

**Menu Items Available Daily**  
Salad Selection • Homemade Bread • Fresh Fruit - Yogurt

**WEEK ONE**  
w/c 11<sup>th</sup> Sept, w/c 2<sup>nd</sup> Oct, w/c 30<sup>th</sup> Oct, w/c 20<sup>th</sup> Nov, w/c 11<sup>th</sup> Dec, w/c 15<sup>th</sup> Jan, w/c 5<sup>th</sup> Feb

**WEEK TWO**  
w/c 18<sup>th</sup> Sept, w/c 9<sup>th</sup> Oct, w/c 6<sup>th</sup> Nov, w/c 27<sup>th</sup> Nov, w/c 18<sup>th</sup> Dec, w/c 22<sup>nd</sup> Jan

**WEEK THREE**  
w/c 25<sup>th</sup> Sept, w/c 16<sup>th</sup> Oct, w/c 13<sup>th</sup> Nov, w/c 4<sup>th</sup> Dec, w/c 8<sup>th</sup> Jan, w/c 29<sup>th</sup> Jan

Please see page 2 regarding allergen information provided on the menu.

## A Fond Farewell to our Year 6 Leavers



This half-term, it has been bittersweet to say goodbye to our Year 6 pupils.

Whilst we are of course sad to have to say goodbye to them, we are also immensely proud of them too and all that they have achieved during their time at our school. It has been a real privilege to see these children grow into the wonderful young people they now are, ready to move on to the next stage of their lives. I have no doubt that they will all go on to achieve great things.

Stuck for something to do over the summer holidays? How about these fun ideas...



**Morph's Epic Art Adventure in London** is a fantastic FREE and step-free art trail of its kind, hosted by Whizz Kidz, the UK's leading charity for young wheelchair users.

Here's the lowdown from the official website :

From **19 June to 20 August 2023**, central London will be transformed when it hosts up to 70 super-sized sculptures of much-loved children's TV character, Morph. Located alongside some of London's most iconic landmarks, each Morph sculpture will be uniquely designed by epic, well-known and emerging artists, providing a fun family-friendly art trail for locals and visitors to follow. A series of smaller 'Mini Morph' sculptures adopted and created by schools will also be displayed as part of the adventure.

A Trail Map and App will navigate the public through London's famous streets including the South Bank of the River Thames and the historic City of London, helping them discover each sculpture and unlock a series of rewards and fun facts.

Whilst exciting and inspiring people of all ages to celebrate London through creativity, the trail will also increase public awareness about the need for young wheelchair users to be mobile, enabled and included in society.

**A great school holiday day out with the family!**

For more info, please see <https://www.morphsadventurelondon.com/>

# The 2023 Reading Challenge



In celebration of a fantastic summer of sport, the folks at The Reading Agency are very proud to present the completely FREE **Ready, Set, Read!** Summer Reading Challenge!

Each book for this year's challenge has been specially chosen by an expert group of readers for everybody taking part to enjoy.

## How to Take Part in the Challenge

There are two ways you can take part in the Summer Reading Challenge:

### OPTION 1:

You can join at your local library and take part in person.

The librarian will give you a collector folder, stickers, and other special rewards, and help you find books to read.

OR

### OPTION 2:

Take part online by signing up by clicking on this link:

<https://summerreadingchallenge.org.uk/join-in>

Set a reading goal and log your books on your profile. When you reach your goal you will unlock a virtual badge and certificate.

Please note: the in-person and online Challenges are separate. Physical incentives like medals and certificates are only available via the library, for those taking part in the in-person Challenge.

# And now over to our Healthy Schools Co-ordinator, Ms Savizon, for some idea on how to stay healthy over the Summer Break!

Summer holidays offer a fantastic opportunity for children and their families to do things that they wouldn't normally do during the school year. Why not make a bucket list of fun activities to help your family stay active over the Summer Break as well as have lots of fun!

Here are a few suggestions to get you started:

<p style="text-align: center;"><b><u>PLAY</u></b></p> <p style="text-align: center;">Kick a ball around</p> <p style="text-align: center;">Ride a bike</p> <p style="text-align: center;">Have a go at skipping</p> <p style="text-align: center;">Play hopscotch</p> <p style="text-align: center;">Have a water fight</p> <p style="text-align: center;">Play a Marvel, Disney or Pixar-themed 10 minute shake up game</p> <p>Find them online here: <a href="https://www.nhs.uk/10-minute-shake-up/shake-ups">https://www.nhs.uk/10-minute-shake-up/shake-ups</a></p>	<p style="text-align: center;"><b><u>LEARN</u></b></p> <p style="text-align: center;">Learn some new yoga moves</p> <p style="text-align: center;">Perfect a magic trick</p> <p style="text-align: center;">Put on a play</p> <p style="text-align: center;">Learn some origami</p> <p style="text-align: center;">Make up a story</p> <p style="text-align: center;">Read a book</p> <p>Why not take part in this year's Summer Reading Challenge, as mentioned above?</p>
<p style="text-align: center;"><b><u>HELP</u></b></p> <p style="text-align: center;">Wash the car</p> <p style="text-align: center;">Help with the shopping</p> <p style="text-align: center;">Do some gardening</p> <p style="text-align: center;">Vacuum</p> <p style="text-align: center;">Help a neighbour</p> <p style="text-align: center;">Do something for a good cause, for example raise some money or donate some old toys</p>	<p style="text-align: center;"><b><u>GO</u></b></p> <p style="text-align: center;">Go to the park</p> <p style="text-align: center;">Visit a museum or gallery</p> <p style="text-align: center;">Go to the library</p> <p style="text-align: center;">Go on a scavenger hunt</p> <p style="text-align: center;">Visit family and friends</p> <p style="text-align: center;">Go to a farm</p>

# Here's some top tips from LGfL on how to keep children safe online, this summer and beyond



## SIX TOP TIPS For Parents To Keep Your Children Safe Online

Children and young people are bound to spend lots more time on devices since Covid. **DON'T FEEL BAD** – lots will be schoolwork or healthy ways of catching up with friends or having fun. There are many ways to keep them safe, healthy and happy.

### Don't worry about screen time; aim for screen quality

Scrolling through social media isn't the same as making a film or story, or Skyping Grandma. Use the Children's Commissioner's 'Digital Five A Day' to plan or review each day together.



### Check the safety settings are turned on

Whether it's your home internet, mobile devices, consoles, apps or games, there are lots of settings to make them safer. The key ones are - can they chat to strangers, can they video chat or 'go live', are their posts public? **Internet Matters** has hundreds of guides to parental controls.



### Get your children to show you their apps and games

You don't need to know all about the latest app or game, but if your child shows you what they are doing and with whom, you'll probably see if it's appropriate or not. Remember 18 games are not more advanced – they are harmful to children! For parent guides to apps, including recommendations for kidsafe apps and video platforms, search for **Common Sense Media** or **NSPCC's NetAware**. And why not download the **BBC Own It** app?



### Don't try to hide news about scary things in the news

If you don't talk about it, your children might read inappropriate pages, believe scare stories or simply catastrophise in their heads. Why not watch **Newsround** together and talk about how they feel – there is guidance from **Childline** to help you.



### Remind them of key online safety principles

There are too many to list, but remember human behaviour is the same online and offline. Remind your children to be a good friend, to ask for help if they are worried or if someone is mean, not to get undressed on camera and most important of all... if somebody tells them not to tell or ask for help because it's too late or they will get in trouble, **THAT'S A LIE!**

### If you aren't sure, ASK!

Your school may be able to give you advice, but there are plenty of other places to ask for help as a parent or a child, whether it is advice or help to fix something. Lots of sites are listed at [reporting.lgfl.net](https://reporting.lgfl.net), including ones to tell your kids about (they might not want to talk to you in the first instance).



Want to know what we've been talking about in assembly this half-term? Why not ask your child about the UNCRC Articles and Sustainable Development Goals for June and July!



The UNCRC Articles and Sustainable Development Goals for June and July:

<p><b>Article 2</b></p>	<p>(non-discrimination) The Convention applies to every child without discrimination, whatever their ethnicity, sex, religion, language, abilities or any other status, whatever they think or say, whatever their family background.</p>
<p><b>Article 3</b></p>	<p>(best interests of the child) The best interests of the child must be a top priority in all decisions and actions that affect children.</p>



### Our School Values: Equality and Inclusivity

The **Article of the Month** for June highlights one of the most important aspects of the UNCRC, the fact that the rights it contains apply to all children.

This idea of equality forms part of our identity here at Shaftesbury Park too, with all staff committed to ensuring that no pupil be treated differently due to their sex, gender identity, ethnicity, race, cultural and religious background, sexual orientation, disability, special educational need, socio-economic status or any other perceived difference.

At Shaftesbury Park Primary School, we embrace diversity and continuously strive to ensure everyone is treated with respect and dignity, with each person in our school given fair and equal opportunities to develop to their full potential.

We are and will always strive to be 'a local school with a global perspective' where ALL are empowered to thrive.





easyfundraising

We are delighted to announce that our easyfundraising total has grown to a massive:

**£1,296.46**

**THAT'S £1,296.46 OF FREE MONEY FOR OUR SCHOOL,  
RAISED BY PARENTS LIKE YOU!**

Remember over 4,000 shops and sites will donate to Shaftesbury Park Primary School for FREE every time you use **easyfundraising** to shop with them. This means you can support the school when you get your Christmas presents, stock up on groceries, buy clothes, order a takeaway, renew your insurance policies or buy anything online at no extra cost to yourself!

Sign up through the link below and not only will you be raising money but once you've signed up and raised £5 in donations, **easyfundraising** will give us an extra £5!

**It's So Easy and Completely FREE. Join today ↓**

<https://www.easyfundraising.org.uk/causes/shaftesburyparkprimary/?invite=AVHZ8B&referral-campaign=c2s>

easyfundraising

**Turn your weekly shopping into big donations for your cause.**

Add a sprinkle of magic to your grocery shopping

A smiling woman holding a grocery bag filled with fresh produce like broccoli, peppers, and bread.

easyfundraising

**Travel brands donate to us when you book**

Make your next holiday even more magical

A young girl wearing a pink hat and sunglasses, looking up and pointing towards the sky.

## Information for Parents

If you have experienced a change in your income or are worried about your finances/your ability to afford the cost of attending school, we would really encourage you to get in touch with the School Office or Mrs Di Doi, our Parent Worker. There may be some additional support that you may be entitled to or we may be able to assist with some school costs.

### **Some assistance that might be available to you includes:**

- > free school meals
- > welfare and debt advice
- > support for families with no recourse to public funds
- > grants or in-kind support.

## Important upcoming dates for next academic year

Wednesday 6 <sup>th</sup> September	Children (Years 1-6) return to school  <i>Early years will have a staggered intake, if you are unsure of when your child is due to return please speak to the School Office.</i>
Monday 23 <sup>rd</sup> October - Friday 27 <sup>th</sup> October	October half-term break

***Please note: Further Dates for the Diary will be sent to you in a separate email later in the Summer Holidays.***

